The SRC elections have been held this week and it is very pleasing to see such a large number of students nominating to be part of the student leadership team. Congratulations to all students who nominated. I am sure the SRC will continue to strive to make Lake Illawarra High the best place it can be for all of our students.

I know that the SRC has been out and about getting ideas as to what our students would like improved around the school and I will be meeting with the executive soon to discuss these ideas.

The SRC is already heavily involved in Monday Milkshakes, BBQs and organising the Trivia afternoon for students which will take place during week 9.

Thank you to Ms Toole and to Mr Pickard for your guidance with this wonderful group of students.

Parent/Teacher Interviews
We have our next Parent/Teacher interviews this time for Years 8, 9 and 10 coming up on Thursday 26 June 2014. Please keep this date free so that you are able to come into the school to discuss your child’s progress.

Sports Committee
The Sports Committee under the watchful eye of Mr Olender continue to work hard on Tuesday and Thursday mornings making delicious breakfasts for our students. Everyone is invited to the kitchens to have something warm to eat on these cold winter mornings.

Homework Centre
The Homework Centre is in full operation and it is good to see our students taking advantage of our wonderful tutors. Of course it would be great to see even more students attending this facility. There are even snacks provided!

The Homework Centre is open from 3-4pm on Tuesdays and 2pm-2.50pm on Thursdays.

A reminder to parents to notify the school about your child’s health
We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal. This will greatly assist our school in planning to support your child’s health and well-being.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.

PARKING AT THE FRONT OF THE SCHOOL
Occasionally Lake Illawarra High has Rangers who patrol the front of the school from about 8am to ensure that the traffic rules are being observed. Please take care at these busy times as they are there to monitor the safety of our students and will issue fines if there are traffic violations.
Dates for Your Calendar

Term 2

<table>
<thead>
<tr>
<th>Week 7</th>
<th>Week B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 12th June</td>
<td>WHS Course</td>
</tr>
<tr>
<td>Fri 13th June</td>
<td>SRC BBQ</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 8</th>
<th>Week A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 19th June</td>
<td>Yr12 Advanced Maths Exams</td>
</tr>
<tr>
<td>Fri 20th June</td>
<td>Zone Athletics Carnival</td>
</tr>
</tbody>
</table>

We are approaching the end of term 2, it will be only two weeks until years 7 through to 11 receive their half yearly reports. This will be an important opportunity for students to reflect on their attitude and application so far this year.

The reports will give parents and students a good indication if they are on the right track or if they need to make changes to their approach to school this year. It is important that students discuss their performance with their teacher if they are not performing as they would expect. A good opportunity for this will be the parent/teacher evening for years 8, 9 and 10 in week nine.

We have had many excursions out this term, including a lot of sporting teams competing against other schools and have had good reports of student behaviour; however, we have recently had a few problems with students representing the school in rugby league. These few students have let themselves and other students at the school down. This behaviour also threatens future rugby league excursions as we do not want to put our school’s reputation at risk. This would be unfortunate if the behaviour of a few affected the opportunities of other students.

We continue to reinforce our school values, Respect, Responsibility and Safety. These values underpin the way the school operates and gives the students guidelines as to how they should behave. Our PBL committee is continuing to develop lessons to explicitly teach students our expectations regarding these school values and the benefits for the whole school if students and staff have an understanding of their importance.

With the onset of the cooler weather there has been an increase in students wearing jackets that are not school uniform, many of the “hoodies” that are being worn have inappropriate images on them, these items are not appropriate for school. We have been following up on students not wearing uniform and appreciate your continued support in this area. Year 9 and year 10 boys seem to be the main concern with jackets that are not school uniform.

Respect, Responsibility and Safety
Mrs Powell and Mr Munn
Deputy Principals
Job Jump

This year I have organized students in years 10 to 12 to register on the website www.jobjump.com.au so they can gather career information on the one website and this opportunity is also open to parents/guardians of the LIHS community.

To register on JobJump you simply go to the front screen on www.jobjump.com.au, enter the first couple of letters of our school name and click on it. Then enter into the second white box your email address click login and then answer a couple of quick questions such as the careers in which you have an interest in. A password is required to complete the registration which is “dolphins”.

Work Experience

Year 10 students again have the opportunity to seek work experience at the end of this term during the 23rd – 27th of June. Paperwork and assistance in organising work experience can be obtained from the careers office in the library.

TAFE Choices Day For Second Semester

Second semester TAFE enrolment opens on the 14th June. Students and interested members of the community who are thinking of attending TAFE for the second semester can visit Wollongong TAFE on 14th of June between 9am and 1 pm to discuss course options with teachers and enrol on the day.

All enrolments are now placed on line on the website: www.illawarra.tafensw.edu.au/

Apprenticeship and Traineeship Information Sessions

An upcoming information session is at the Shellharbour Club on Wednesday 18th of June. Check the advertisement below for further details and book this date into your diary if you are interested in gaining some insider information from employers and training centres or find out about School Based Apprenticeships and Traineeships.

CAREERS NEWSLETTER can be read for further information about upcoming university open days, apprenticeship information and other useful websites. This can be found on the school website under the Careers tab on our school website and is always sent to Years 10 – 12.

‘As always, I am here to help you.’
Rhonda Willingham
Careers Adviser
Helping your teen get the most out of High School.

You might not understand subjects such as Physics or Italian but you can still listen to your teen, talk about what is happening in class. Also listen to what is happening outside of class. Listen to what your teen is trying to say without immediately judging or offering advice.

• Encourage your teen to join a club or sport at school. Outside activities are educational and often increase students’ interest in school.

• Help your teens put their concerns or problems into words and encourage them to try and figure out possible solutions or coping strategies.

• Try to find at least one teacher with whom you can communicate regularly for updates or advice on your teen’s general well-being in high school.

The ultimate goal is to help students become self-sufficient managers of their time and resources in order to get the most out of high school. They may need your help even if they don’t realise it.

Help them to develop habits and strategies for greater achievement while encouraging them to take increasing responsibility for their work.

Help your child show up at School with a good attitude and ready to learn

Studies indicate that showing up is important but not sufficient for school success. Physical and mental states are important factors in getting the most from school.

• Keep tabs on school attendance. Check report card attendance reports. If you suspect a problem, immediately call the school. Do not encourage your child to skip school for special trips or activities not related to school such as a family vacation or an outing with friends. That makes school seem less important than having fun.

• Make sure your teen gets plenty of sleep. Recent studies show that teenagers need nine or more hours of sleep nightly and that students earning As and Bs generally are getting to bed earlier than students with lower grades.

• Don’t accept the “I’m never gonna use this after high school” excuse for not working hard in a particular class. For example, algebra may not be everybody’s favourite subject, but studies show that courses like algebra are critically important in university acceptance decisions and achievement.

• If you have a senior, beware of “senior slump.” Recent reports indicate that students may consider the last year of high school a waste of time. However, students who waste their senior year are often unprepared for university-level work even if they took challenging courses during their earlier high school years.

For some handy apps that may help your student check out iPad Apps for High School | iPad in Schools. (www.ipadinschools.com/ipad-apps-for-high-school).

LOOKING FOR VOLUNTEERS!

Our school is currently looking for parents, grandparents or caregivers who are available to assist in a reading program for Year 7 students. Anyone who is interested in being involved please contact Tony Hicks or the Learning Support Team on 4296 3844.
The Education Act 1990 requires your child to attend school each day that instruction is provided unless prevented for doing so by sickness or another approved reason. The Principal will only grant leave for the following instances:

- Sickness where the absence is satisfactorily explained as being due to illness
- Misadventure or unforseen event
- Domestic necessity such as serious illness of an immediate family member
- Attendance at funerals
- Recognise religious festivals or ceremonial occasions

If a student is absent, a note explaining the absence should be handed in to the roll call teacher on the first day of their return. The explanation should contain:

1. Date that the note was written;
2. Student’s name
3. Days/dates the student was absent from school
4. The reason why the student was absent
5. The signature of the student’s parent or caregiver.

Students can collect an absence note book from their roll call teacher or the Front Office Staff. This makes absence note writing easy as it ensures all relevant information is given to the school.

Parent/s and caregivers are required by law to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school. It is important that the school receives a written or verbal explanation because:

1. It is the parent’s legal obligation to explain their child’s absence within seven days
2. It is a requirement that the school investigate all unexplained absences
3. It is the way the school knows your child was legitimately absent and not truanting from school.

Failure to explain your child’s absences within seven days of their occurrence will result in an unjustified absence being recorded. This will be displayed on your child’s report.

It is important for parents to make attending school a priority. Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only send the wrong message to your child, it is against the law. Children who get used to having days off school for these kinds of reasons develop an attitude that their attendance at school is not very important. This can become a big issue as a child gets older.

An attendance rate of 95% or above is a good target. This equates to no more than three days absent per term.

### 1 Day A Week

<table>
<thead>
<tr>
<th>Per term</th>
<th>Per Year</th>
<th>7-10</th>
<th>K-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 weeks</td>
<td>40 days</td>
<td>160 days</td>
<td>440 days</td>
</tr>
<tr>
<td>3 terms</td>
<td>2.5 years</td>
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</tbody>
</table>

### 5 Days A Term

<table>
<thead>
<tr>
<th>Per term</th>
<th>Per Year</th>
<th>7-10</th>
<th>K-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 week</td>
<td>20 days</td>
<td>80 days</td>
<td>220 days</td>
</tr>
<tr>
<td>1.5 terms</td>
<td>1 year 0.5 term</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Celebrate Attendance
Hints and Tips No. 8: Tips for Parents

There are some simple yet effective tips that parents can follow to ensure their child has a happy day at school.

Make sure your child has a good nights sleep.
Make sure you and your child get up early enough to
• have breakfast
• get lunch ready
• pack a school bag
• get dressed

Be organised – help your child pack bags and have homework and sports gear ready for the next day.

Be involved with your school – meet with your child’s teacher and talk regularly.
• Offer your support and help.
• Read notes from school and reply on time.
• Phone the school if you want information.
• Listen to your child read.
• Show an interest in homework.

If you would like to place an ad for your business in our newsletter please phone the school on 4296 3844 for more information.

LAKE’S BREAKFAST CLUB IS OPEN TUESDAY & THURSDAY 7.45AM

Our proud sponsors of our breakfast club are: Warilla Grove

If you would like to place an ad for your business in our newsletter please phone the school on 4296 3844 for more information.
**Flute lessons available in Albion Park, taught by an experienced teacher.**

*Whether learning for fun or for a career, all music styles and abilities are catered for.*

Call Jodi Lamanna (BCA Music Performance) on 0402 843 004.

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**EXCEL DRIVING SCHOOL**

Celebrating the launch of our new Facebook page

Excel Driving School Shellharbour

and our new web site

[www.exceldrivingschool.net.au](http://www.exceldrivingschool.net.au)

Do 2 lessons for $90

Normally $55 each

Call 0408 209 486, visit the website or Facebook page to arrange.

Valid until 30th July 2014.

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Drab2fab Oneday Bootcamp

Limited places please contact
Julie on 0407 965 984 or email
Julie@drab2fab.com.au

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Savvy girls

ONE DAY BOOTCAMP

What every teenage girl needs to know!

- Confidence
- Communication Skills
- Success Traits
- Body Image
- Fashion Styling
- Dressing to Impress
- Makeup & Grooming
- Etiquette & Social Skills
- Guest Speakers

9.00AM - 4.00PM
THURSDAY 10TH & FRIDAY 11TH JULY
STOCKLAND SHELLHARBOUR SHOPPING CENTRE - COMMUNITY ROOM

$125 pp or when booking with a friend only $95 pp

Presented by:

[drab2fab](http://drab2fab.com.au)

Places limited contact Julie on 0407 965 984 or email julie@drab2fab.com.au
HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!
Fundraising
For
Lake High

This book is $55 (you can get an electronic version too) and $11 gets donated to Lake Illawarra High School!! If you do buy one simply click on the link below or copy and paste into your browser


Make sure Ria Douglas' name is up in the top right hand corner or there should be somewhere where you can type in Lake Illawarra High School. Message this page if you need help! Thanks for your support. For more info on the book www.entertainmentbook.com.au make sure you search through the NSW South Coast book for all the amazing deals you get! Also if you would like we can collect the books for free rather than paying the shipping fee (make sure you select pick up on checkout) just give the school a ring to let us know you have picked this option.
Can Saver Plus assist you with high school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and textbooks
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Lindi Jamieson-Brown, your local Saver Plus Worker: (02) 4254 4505 / 0427 439 234 or lindi.jamieson-brown@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Illawarra and Wollongong by The Smith Family. The program is funded by ANZ and the Australian Government.
New Government Child Dental Scheme for Children
$1000 for Dental Health

Dear Principal,

The Australian Government hopes to improve the dental health of an expected 3.4 million children through a new Government funded dental scheme. The Child Dental Benefits Schedule commenced in January 2014 and will assist eligible children between the ages of 2 and 17 years.

Each eligible child will have access to $1000 to use on selected dental services over a 2 calendar year period. Services that will be covered include: examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits will not be available for services carried out in hospital, or for orthodontic or cosmetic dental work.

To benefit from this scheme, children must be eligible for Medicare and the family must be in receipt of Family Tax Benefit Part A or receive a relevant Government payment.

Pacific Smiles Dental is accepting Child Dental Benefits Schedule patients. Parents simply need to contact our dental centre, confirm their child’s eligibility (which can be done over the phone), then book their appointment.

If you would like to include some information about this scheme in your school newsletter, please see over the page. If you would like an electronic copy of this information or an image to use in your newsletter, we would be happy to provide this to you.

Please email: marketing.assistant@pacificsmiles.com.au for information.

We look forward to helping the children of your school smile for life!

Yours Sincerely,

Kirsten Bennett - Centre Manager
Pacific Smiles Dental, Warilla

Government Child Dental Benefits Schedule
THE ILLAWARRA ABORIGINAL MEDICAL SERVICE DENTAL CLINIC HAS A DENTAL THERAPIST TREATING CHILDREN TUESDAY AND WEDNESDAY. WE ARE ALSO NOW SET UP TO CLAIM THE CHILD DENTAL BENEFIT SCHEME SO PLEASE CALL US TO BOOK AN APPOINTMENT AND HELP KEEP FUNDS IN OUR SERVICE TO BE ABLE TO CONTINUE TO TREAT OUR COMMUNITY.

THE IAMS DENTAL CLINIC IS A SERVICE FOR THE ILLAWARRA ABORIGINAL COMMUNITY FROM GERRINGONG TO HELENSBURGH.

WE HAVE A SHORT WAIT TIME SO PLEASE CALL US FOR YOUR DENTAL CHECK APPOINTMENT TO GO ON OUR LIST.

OUR DENTAL THERAPIST IS VERY FRIENDLY AND DEDICATED IN LOOKING AFTER THE CHILDREN OF THIS COMMUNITY AND CAN TREAT CHILDREN 0-17 YEARS OF AGE.

THE IAMS DENTAL CLINIC IS LOCATED AT 150 CHUCH STREET WOLLONGONG.

OUR PHONE NUMBER IS 02 42 299755.
Are you feeling stressed about the HSC?

**headspace** Wollongong is running a series of workshops that provides young people with the skills to:

- Identify the nature and causes of anxiety and stress
- Manage stress effectively
- Develop a realistic study plan
- Establish an effective study/life balance
- Review the thought-feeling-behaviour connection
- Study effectively, and
- Overcome procrastination!

The HSC Stress Less workshops are run by headspace youth workers and psychologists. The workshops are **free** of charge and will be held onsite at **headspace** in Wollongong: Level 1/85 Smith Street, Wollongong. During 2014, the workshops will be held on the following dates/times:

**Workshop 1:** Monday 7th July, 3:30pm-5pm

**Workshop 2:** Monday 14th July, 3:30pm-5pm

**Workshop 3:** Monday 21st July, 3:30pm-5pm

**Workshop 4:** August 18th, 3:30pm-5pm

**TO REGISTER:** Contact Cara via phone 42207660 or email: cjones@headspacewollongong.org.au

![Stress Relax](image)
Cannabis & Today’s Young Person
FREE PARENT WORKSHOP

This parent workshop will enable you to address issues concerning cannabis relating to your son or daughter by equipping you with NEW;

*KNOWLEDGE
* AWARENESS & UNDERSTANDING
* PRACTICAL STRATEGIES

It will EMPOWER you to establish a positive healthy relationship with your teenager by creating:

*BOUNDARIES
* OPEN DISCUSSION
* TRUST

Venue: Wollongong Central Library Theatrette
41 Burelli Street, Wollongong
Date: Wednesday 25 June
Time: 6:30 PM to 8:30 PM

Light refreshments will be served!

GUEST SPEAKER:
Ngaio Chandler,
Drug & Alcohol Youth Worker
St George Youth Services
READY PROGRAM

Booking essential!
RSVP by Monday 23rd June
Phone on 0401 718 469
or book online

St George Youth Services
Ready
Health NSW Government
Illawarra Shoalhaven Local Health District
Outreach Courses Semester 2 2014

Dapto Campus

Courses being offered include:
- Introduction to Aged Care and Community Services
- Introduction to Trades – Landscaping
- Introduction to Horticulture

An information session will be held on Wednesday 25th June, 10:00 am Dapto TAFE
Building H, Room H.G.7

These courses are fee exempt but there is a $25 student contribution fee

For further information please contact Kathy Finigan on 42218939

Shellharbour Campus

Courses being offered include:
- Introduction to Trades – Automotive and Metal Fabrication
- Introduction to Photo Imaging

An information session will be held on Tuesday 24th June, 10:00 am Shellharbour TAFE
Building G, Room G.G.28

These courses are fee exempt but there is a $25 student contribution fee

For further information please contact Kathy Finigan on 42218939
Adult Basic Education Courses Semester 2 2014

Dapto Campus

Courses being offered include:

- Certificate II in Preparation for Business Administration – School Clerical Support
- Introduction to Digital Photography
- Intermediate Computers – Evening course
- Basic Computers

An information session will be held on Tuesday 24th June, 10am Dapto TAFE Building H, Room H.G.7

These courses are fee exempt but there is a $25 student contribution fee

For further information please contact the Adult Basic Education office on 42218937- if unanswered please leave a message
SUMMER RAIN

AN AUSTRALIAN MUSICAL

by Nick Enright & Terence Clarke

DIRECTED BY MARTIN MOORE & DAVID WASSINK
MUSICAL DIRECTION BY DAVID WASSINK | CHOREOGRAPHY BY DIANE BLAAS

2014 Season Dates

JULY: Friday 18, Saturday 19, Wednesday 23
Thursday 24, Friday 25, Saturday 26 at 7:30pm
& Sunday 20 and Saturday 26 at 2:00pm

ADULTS: $25 | CONCESSION: $20

BOOKINGS: www.roo-theatre.com.au OR (02) 4297 2891
Grants for Graduation

A one year scholarship project funded by the NSW Department of Family and Community Services and delivered by The Smith Family

Are you or your family Social Housing tenants and studying at TAFE or UNI in 2014? Think a $5000 scholarship would help your studies? **Get in contact with us today!**

Request your application form through **Fiona Brierley** at The Smith Family on Ph: 02 6766 4990, or by emailing: housingNSW@thesmithfamily.com.au

**NSW Government | Family & Community Services**

Helping young Australians in need to build better futures through education.

thesmithfamily.com.au