REPORTS

After having read through student reports for semester 1 I am really impressed by the effort that the majority of our students are making with their studies. Congratulations to everyone who is striving to achieve their best. Also it was great to see the number of students who have represented the school in sporting teams and other pursuits. Engaging in these extracurricular activities is what makes school fun!

I was also very impressed to see the number of students who have achieved Merit Awards this semester. These are only given to students who perform at a very high level in their studies or in sport or indeed in contributing to making our school a better place.

CONGRATULATIONS

I must also congratulate some of our students who have excelled in other areas over the course of this semester.
Jayde Bagnall will represent Australia in Kayaking at the Junior Olympics in Europe later in term 3. She is currently the Australian Champion in the under 16 1000m and 500m events. This is an outstanding achievement by Jayde. The entire school community wishes Jayde all the best and we are sure she will do her country proud.
Also well done to Brittany Constable who has been selected in the NSW Junior Women’s Rugby League side after an exhausting set of trials.
Billy Fleming is also on his way to stardom with his musical talent and has recently been getting airplay on Triple J. Please make sure you support Billy. There is no doubt that he is one of the best musical talents in the country.

The Dyer boys Tarren and Jarrod also continue to go from strength to strength with their swimming having won a swag of medals at the recent CHS Championships.
There are many more of our students who continue to perform at outstanding levels not only on the sporting field but in academic, cultural and leadership areas as well. Well done to all of you.

ZONE

A great effort from our athletes at the zone carnival last Friday. Lake High finished 3rd overall and had some outstanding performances by our students. Mr Anderson was the carnival Convenor and did a magnificent job.

THANK YOU

Thank you to everyone for their support of the school over the last term. It has been very much appreciated. Have a lovely holiday and we look forward to seeing everyone on Tuesday 14 July for the start of term 3.

Have a great holiday!
Tony Hicks
Principal
“Milkshake Monday” Every B Week $2.50 each
Four Flavours
- Chocolate
- Strawberry
- Vanilla
- Caramel

REPORTS
It is that time of year again and all students Years 7-12 have now been issued with a report. Congratulations to those students who have received glowing reports from their teachers. It has once again been noticeable that the students, who have had great attendance, have generally performed well at school. It is extremely important that our students attend school on a regular basis. If you have any questions or queries in regards to your child’s report please contact the school and discuss this with one of us or with the Year Advisor.

CHANGES
As a result of end of semester examinations and reports we have identified the need to change some students’ classes. This will be done in consultation with Head Teachers, Year Advisors and class teachers. We will be notifying parents of these changes as they occur.

CONGRATULATIONS
Congratulations to all of the Year 7 students who were invited to the ‘Exemplary Behaviour’ excursion this week. This excursion was for students who had not received any negative incident reports in Terms 1 & 2. It was great to see so many students invited to this event and their behaviour on the day was excellent. We thank Miss Sweeney for organising this day and providing an opportunity for our good students to be rewarded with such a positive event.

Have a safe and happy holiday!

Respect, Responsibility and Safety
Mrs Powell and Mr Munn
Deputy Principals

A Positive Future for Every Student
Lake Illawarra High School Careers Information

TAFE Taster for Indigenous Students
Four Indigenous students, Jarrod, Jamie, Corey and Sadie, travelled to Wollongong TAFE with Mr Chandler on Thursday the 12th June for a two-day trade’s event. During the TAFE Taster students could learn about four different areas of trade courses: construction, bricklaying, panel beating/automotive and painting and decorating. Students learnt new techniques and used the facilities under the guidance of various TAFE teachers. This was a great experience for students to discover the options available in tertiary education in a more practical way.

TAFE Taster Excursion
An excursion to Wollongong and Shellharbour TAFE on Wednesday the 23rd July Term 3, has been organised for Yr. 10 – 12 students who are interested in doing TVET courses or applying to TAFE for further study in their chosen careers. Travel and lunch will be provided all for a minimal cost of $6. It is expected that all students planning on doing TAFE course would attend. Education areas being observed are: fitting & machining, child studies, commercial cookery, bricklaying, vehicle trades, digital media, nursing, health and recreation and community services.

TAFE Second Semester
Second semester courses at TAFE are now open. Interested people will need to enrol or apply to enrol as soon as possible as places are limited and for some courses compulsory pre-enrolment sessions exist for students to be tested and selected. All applications can be made on-line or by visiting the campus where the course will be undertaken.

Work Experience
Some students have been involved in work experience during the last week of term. Areas of industry included automotive, teaching, funeral director assistant, hairdressing, early childhood care, carpentry, VET nursing and aged care nursing. All students have enjoyed the experience and have been provided with a broader understanding of work expectations. Such a fantastic opportunity would not be made possible without the support of the local business and parents and Lake Illawarra High School would like to publicly thank our community. For those students who have not yet attended work experience, they will have the opportunity later in Term 3.
students at University of Wollongong on Thursday 12th June. Newly elected SRC leaders Kyra and Caitlin from Year 11 were nominated to represent Lake Illawarra HS. Both students listened to many inspirational speakers and were then given the opportunity to hone their team-building skills in varied activities. This is a wonderful opportunity provided by UOW, which allows students to dream beyond their school’s ambitions and helps them to be positive role models who will provide motivation for their fellow SRC members.

**Early Admissions To UOW**

Year 12 students interested in applying for Early Admissions at UOW have been provided with information during the term from both the Careers Adviser or from university students. Online applications open on the 1st August and close on the 29th August. Students can apply for only two courses and will be notified of their success following an interview. Further information can be gathered from the website uow.edu.au/future/early-admission

Please note that other universities may offer similar opportunities and this can be researched with the help of the careers adviser.

**Work Health and Safety Course**

Thanks to the work of Mr Cohen last week, 20 more students at Lake Illawarra HS have now successfully completed the WHS course. This is a full day of information and testing which is offered to students at a discounted rate. This course is a compulsory component of all students undertaking the Construction VET course at school or for students planning on doing work experience on any given building/construction site. Another course will be offered in Term 4 with limited numbers, so interested students will need to listen for future advertisements on assembly or during roll call

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**UOW Elevate**

Leadership and having the skills of teambuilding are all qualities that many may aspire to possess. These two qualities were demonstrated and developed in workshops for selected Illawarra students.
Tattoos’ at the Lake

After studying the ancient tradition of henna tattooing and its cultural, spiritual significance in the Middle East and India, Year 10 Visual Design – Wearable & Decorative Arts’ students recently created their own individual tattoo designs. Henna ‘dye’ is a natural product essentially comprised of ground henna plant leaves, and when applied to the skin and left to dry, it creates an imprint/stain that lasts for up to two weeks. After the necessary spot tests and parental permission, students eagerly embraced the design process and, with great anticipation and excitement, created and applied their designs. At the time of writing, the henna was ‘making its mark’ and a future report may outline the final success of the task! All students are to be congratulated on their excellent research skills and the creative way in which they adapted cultural, tradition designs to meet the demands of a contemporary design brief. Well done Year 10!
Practical Parenting Tips

Helping your teen get the most out of High School.

You might not understand subjects such as Physics or Italian but you can still listen to your teen, talk about what is happening in class. Also listen to what is happening outside of class. Listen to what your teen is trying to say without immediately judging or offering advice.

- Encourage your teen to join a club or sport at school. Outside activities are educational and often increase students’ interest in school.
- Help your teens put their concerns or problems into words and encourage them to try and figure out possible solutions or coping strategies.
- Try to find at least one teacher with whom you can communicate regularly for updates or advice on your teen’s general well-being in high school.

The ultimate goal is to help students become self-sufficient managers of their time and resources in order to get the most out of high school. They may need your help even if they don’t realise it.

Help them to develop habits and strategies for greater achievement while encouraging them to take increasing responsibility for their work.

Help your child show up at School with a good attitude and ready to learn

Studies indicate that showing up is important but not sufficient for school success. Physical and mental states are important factors in getting the most from school.
- Keep tabs on school attendance. Check report card attendance reports. If you suspect a problem, immediately call the school. Do not encourage your child to skip school for special trips or activities not related to school such as a family vacation or an outing with friends. That makes school seem less important than having fun.
- Make sure your teen gets plenty of sleep. Recent studies show that teenagers need nine or more hours of sleep nightly and that students earning As and Bs generally are getting to bed earlier than students with lower grades.
- Don’t accept the “I’m never gonna use this after high school” excuse for not working hard in a particular class. For example, algebra may not be everybody’s favourite subject, but studies show that courses like algebra are critically important in university acceptance decisions and achievement.
- If you have a senior, beware of “senior slump.” Recent reports indicate that students may consider the last year of high school a waste of time. However, students who waste their senior year are often unprepared for university-level work even if they took challenging courses during their earlier high school years. For some handy apps that may help your student check out iPad Apps for High School | iPad in Schools. (www.ipadinschools.com/ipad-apps-for-high-school).

DEBATING

Last Thursday, 12th of June, our year 9 debating team travelled to Kiama High School to compete in the final round of the Premier’s Debating Challenge. Hope Gould, Sarah Stephenson, Treynae Benson and Tarea Hodges achieved a victory against the Kiama High School team, making it their second for the competition.

They should all be congratulated for their sportsmanship, dedication and hard-work in representing their school.

They have done themselves, Ms Downey and Lake Illawarra High School proud.
The Education Act 1990 requires your child to attend school each day that instruction is provided unless prevented from doing so by sickness or another approved reason. The Principal will only grant leave for the following instances:

- Sickness where the absence is satisfactorily explained as being due to illness
- Misadventure or unforeseen event
- Domestic necessity such as serious illness of an immediate family member
- Attendance at funerals
- Recognize religious festivals or ceremonial occasions

If a student is absent, a note explaining the absence should be handed in to the roll call teacher on the first day of their return. The explanation should contain:

1. Date that the note was written;
2. Student’s name
3. Days/dates the student was absent from school
4. The reason why the student was absent
5. The signature of the student’s parent or caregiver.

Students can collect an absence note book from their roll call teacher or the Front Office Staff. This makes absence note writing easy as it ensures all relevant information is given to the school.

Parent/s and caregivers are required by law to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school. It is important that the school receives a written or verbal explanation because:

1. It is the parent’s legal obligation to explain their child’s absence within seven days
2. It is a requirement that the school investigate all unexplained absences
3. It is the way the school knows your child was legitimately absent and not truanting from school.

Failure to explain your child’s absences within seven days of their occurrence will result in an unjustified absence being recorded. This will be displayed on your child’s report.

It is important for parents to make attending school a priority. Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only send the wrong message to your child, it is against the law. Children who get used to having days off school for these kinds of reasons develop an attitude that their attendance at school is not very important. This can become a big issue as a child gets older.

An attendance rate of 95% or above is a good target. This equates to no more than three days absent per term.

### 1 Day A Week

<table>
<thead>
<tr>
<th>Per term</th>
<th>Per Year</th>
<th>7-10</th>
<th>K-10</th>
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<tbody>
<tr>
<td>2 weeks</td>
<td>40 days</td>
<td>160 days</td>
<td>440 days</td>
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<tr>
<td></td>
<td>3 terms</td>
<td>2.5 years</td>
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### 5 Days A Term

<table>
<thead>
<tr>
<th>Per term</th>
<th>Per Year</th>
<th>7-10</th>
<th>K-10</th>
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<tbody>
<tr>
<td>1 week</td>
<td>20 days</td>
<td>80 days</td>
<td>220 days</td>
</tr>
<tr>
<td></td>
<td>1.5 terms</td>
<td>1 year 0.5 term</td>
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</tr>
</tbody>
</table>
LOOKING FOR VOLUNTEERS!

Our school is currently looking for parents, grandparents or caregivers who are available to assist in a reading program for Year 7 students. Anyone who is interested in being involved please contact Tony Hicks or the Learning Support Team on 4296 3844.

If you would like to place an ad for your business in our newsletter please phone the school on 4296 3844 for more information.

Our proud sponsors of our breakfast club are:  
Warilla Grove

Our school is currently looking for parents, grandparents or caregivers who are available to assist in a reading program for Year 7 students. Anyone who is interested in being involved please contact Tony Hicks or the Learning Support Team on 4296 3844.

If you would like to place an ad for your business in our newsletter please phone the school on 4296 3844 for more information.
Flute lessons available in Albion Park, taught by an experienced teacher.

Whether learning for fun or for a career, all music styles and abilities are catered for.

Call Jodi Lamanna (BCA Music Performance) on 0402 843 004.

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**EXCEL DRIVING SCHOOL**

Celebrating the launch of our new Facebook page

Excel Driving School Shellharbour

and our new web site

www.exceldrivingschool.net.au

Do 2 lessons for $90

Normally $55 each

Call 0408 209 486, visit the website or Facebook page to arrange.

Valid until 30th July 2014.

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**Drab2fab One day Boot camp**

Limited places please contact Julie on 0407 965 984 or email Julie@drab2fab.com.au
COMMUNITY NOTICES

Lake Illawarra High School does not receive or accept any paid advertising for Community Notices. Also, we have no way of checking the bona fides of any information received. We encourage parents/caregivers to make all necessary checks prior to involving their children in activities listed.

HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

SAVE THE DATE

ILLAWARRA COAL
RUN WOLLONGONG

WE’RE BACK & CAN’T WAIT TO BE BIGGER & BETTER!
SUNDAY OCTOBER 19, 2014

100% of every registration goes straight to the redevelopment of Wollongong Children’s Ward & Illawarra Shoalhaven Children’s Assessment Unit.

RUN, WALK OR ROLL … JUST GET INVOLVED!

Registrations opening soon at runaustralia.com.au

LEARNER
LOG BOOK
Run

Need some NIGHT TIME log book hours? An opportunity for you and your supervisor to experience a range of driving conditions including Random Breath Testing, driver fatigue stop and a Speed Check.

A FREE Learner Log Book Run will be held on Tuesday, 15 July 2014 between 6.00pm and 8.30pm

The Log Book Run will start at the Lake Illawarra PCYC and finish at McDonalds Family Restaurant, Warilla concluding with a PRIZE GIVEAWAY.

Learners must have at least 40 log book hours to be eligible to participate. Bookings are essential please call Jenny Davies on 4221 6124.

The Outreach Unit at TAFE NSW Wollongong Campus will be conducting courses for people who want to develop skills for employment or further study.

Courses include those specifically for women and cover vocational skills in:

1. Certificate II Skills for Work and Training (Introduction to Retail)
2. Certificate I in Access to Work and Training Introduction to Café and Hospitality Skills

These courses have no TAFE Administration fee.
Courses will commence the week starting 21st July 2014.
Information session will be held at 10:00am in LG.19 (Building L, Ground Floor, Room 19).
Fundraising For Lake High

This book is $55 (you can get an electronic version too) and $11 gets donated to Lake Illawarra High School!! If you do buy one simply click on the link below or copy and paste into your browser


Make sure Ria Douglas' name is up in the top right hand corner or there should be somewhere where you can type in Lake Illawarra High School.

Message this page if you need help! Thanks for your support. For more info on the book www.entertainmentbook.com.au make sure you search through the NSW South Coast book for all the amazing deals you get! Also if you would like we can collect the books for free rather than paying the shipping fee (make sure you select pick up on checkout) just give the school a ring to let us know you have picked this option.

Shellharbour City Council is hosting a FREE PARENTS' WORKSHOP

To help you with practical advice about:

- Supervising learner drivers
- Completing the Learner Driver Log Book and
- Providing on-road driving practice

The FREE 2 hour workshop for parents and other supervisors of learner drivers will be held at 6.00pm on Monday, 21 July 2014 at the Council Chambers, ground floor, Lamerton House, Lamerton Crescent, Shellharbour City Council (opposite the RMS Motor Registry).
Can Saver Plus assist you with high school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Lindi Jamieson-Brown, your local Saver Plus Worker: (02) 4254 4505 / 0427 439 234 or lindi.jamieson-brown@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Illawarra and Wollongong by The Smith Family. The program is funded by ANZ and the Australian Government.
New Government Child Dental Scheme for Children
$1000 for Dental Health

Dear Principal,

The Australian Government hopes to improve the dental health of an expected 3.4 million children through a new Government funded dental scheme. The Child Dental Benefits Schedule commenced in January 2014 and will assist eligible children between the ages of 2 and 17 years.

Each eligible child will have access to $1000 to use on selected dental services over a 2 calendar year period. Services that will be covered include: examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits will not be available for services carried out in hospital, or for orthodontic or cosmetic dental work.

To benefit from this scheme, children must be eligible for Medicare and the family must be in receipt of Family Tax Benefit Part A or receive a relevant Government payment.

Pacific Smiles Dental is accepting Child Dental Benefits Schedule patients. Parents simply need to contact our dental centre, confirm their child’s eligibility (which can be done over the phone), then book their appointment.

If you would like to include some information about this scheme in your school newsletter, please see over the page. If you would like an electronic copy of this information or an image to use in your newsletter, we would be happy to provide this to you.

Please email: marketing.assistant@pacificsmiles.com.au for information.

We look forward to helping the children of your school smile for life!

Yours Sincerely,

Kirsten Bennett - Centre Manager
Pacific Smiles Dental, Warilla

Government Child Dental Benefits Schedule
THE ILLAWARRA ABORIGINAL MEDICAL SERVICE DENTAL CLINIC HAS A DENTAL THERAPIST TREATING CHILDREN TUESDAY AND WEDNESDAY. WE ARE ALSO NOW SET UP TO CLAIM THE CHILD DENTAL BENEFIT SCHEME SO PLEASE CALL US TO BOOK AN APPOINTMENT AND HELP KEEP FUNDS IN OUR SERVICE TO BE ABLE TO CONTINUE TO TREAT OUR COMMUNITY.

THE IAMS DENTAL CLINIC IS A SERVICE FOR THE ILLAWARRA ABORIGINAL COMMUNITY FROM GERRINGONG TO HELENSBURGH.

WE HAVE A SHORT WAIT TIME SO PLEASE CALL US FOR YOUR DENTAL CHECK APPOINTMENT TO GO ON OUR LIST.

OUR DENTAL THERAPIST IS VERY FRIENDLY AND DEDICATED IN LOOKING AFTER THE CHILDREN OF THIS COMMUNITY AND CAN TREAT CHILDREN 0-17 YEARS OF AGE.

THE IAMS DENTAL CLINIC IS LOCATED AT 150 CHUCH STREET WOLLONGONG.

OUR PHONE NUMBER IS 02 42 299755.
Are you feeling stressed about the HSC?

**headspace** Wollongong is running a series of workshops that provides young people with the skills to:

- Identify the nature and causes of anxiety and stress
- Manage stress effectively
- Develop a realistic study plan
- Establish an effective study/life balance
- Review the thought-feeling-behaviour connection
- Study effectively, and
- Overcome procrastination!

The HSC Stress Less workshops are run by headspace youth workers and psychologists. The workshops are **free** of charge and will be held onsite at **headspace in Wollongong**: Level 1/85 Smith Street, Wollongong. During 2014, the workshops will be held on the following dates/times:

**Workshop 1:** Monday 7th July, 3:30pm-5pm

**Workshop 2:** Monday 14th July, 3:30pm-5pm

**Workshop 3:** Monday 21st July, 3:30pm-5pm

**Workshop 4:** August 18th, 3:30pm-5pm

**TO REGISTER:** Contact Cara via phone 42207660 or email: cjones@headspacewollongong.org.au

Stress

Relax 😊
SUMMER RAIN
AN AUSTRALIAN MUSICAL

by Nick Enright & Terence Clarke

DIRECTED BY MARTIN MOORE & DAVID WASSINK
MUSICAL DIRECTION BY DAVID WASSINK | CHOREOGRAPHY BY DIANE BLAAS

2014 Season Dates
JULY: Friday 18, Saturday 19, Wednesday 23
Thursday 24, Friday 25, Saturday 26 at 7:30pm
& Sunday 20 and Saturday 26 at 2:00pm
ADULTS: $25 | CONCESSION: $20

BOOKINGS: www.roo-theatre.com.au OR (02) 4297 2891
HSC info session

HSC Belonging
Standard & Advanced English
with Larry Grumley

Tuesday, 1 July 2014
6pm - 7.45pm @ Warilla Library

FREE! Bookings essential 4297 2522

Woonona High School
1964—2014

50th Anniversary

Celebrate 50 Years of Public Education at Woonona High School on August 15, 2014 with an Open Day at the school—9:00am—2:30pm followed by an evening of reminiscing and dinner at Woonona Bulli RSL at 6:00pm

Two course dinner, memorabilia and entertainment. Bar facilities will be available.

Ticket Prices: $50.00 single $80.00 couple

See our facebook page www.facebook.com/whs50th; school website www.woonona-h.schools.nsw.edu.au or contact the school 4284 1513 (Liz or Sue) for further details.
Foster kids need more people like you.

Dapto Information Session
5pm, Thursday 31 July

Great kids come from good families. Short term and Long term foster carer needed. Please help.

Come along to our FREE foster care information session, 5pm to 6pm on Thursday 31 July at Dapto Ribbonwood Centre, 93-109 Princes Highway, Dapto.

To reserve your place

CALL 1300 130 585.

WILLIAM CAMPBELL FOUNDATION
www.wcfoundation.org.au
Giving children hope and a future.
Grants for Graduation
A one year scholarship project funded by the NSW Department of Family and Community Services and delivered by The Smith Family

Are you or your family Social Housing tenants and studying at TAFE or UNI in 2014? Think a $5000 scholarship would help your studies? Get in contact with us today!

Request your application form through Fiona Brierley at The Smith Family on Ph: 02 6766 4990, or by emailing: housingNSW@thesmithfamily.com.au

NSW Government | Family & Community Services

Helping young Australians in need to build better futures through education.

thesmithfamily.com.au